58613

Centers for Family Change

Brief Adolescent Outcome Questionnaire

Version 11

Completed by: ○ Adolescent ○ Adult who knows the adolescent well

Below is a list of things young people might do, or feel. Please fill in the circle that best tells how often you did, or felt these things in the last 2 weeks. Think about the different places you may have done or felt these things, like at school, at home, or with friends (or at work, if you have a job).

In the past 2 weeks how often did you...	**Never**	**Hardly ever**	**Some-times**	**Often**	**Very often**
Use drugs for non-medical purposes?	○	○	○	○	○
Feel threatened or bullied by others?	○	○	○	○	○
Feel worthless?	○	○	○	○	○
Drink alcohol (beer, wine, hard liquor) or use drugs or illegal substances?	○	○	○	○	○
Have a hard time having fun?	○	○	○	○	○
Sleep a lot more than you normally do?	○	○	○	○	○
Eat a lot more or a lot less than usual?	○	○	○	○	○
Feel nervous and/or shy around other people?	○	○	○	○	○
Get into fights with family members and/or friends?	○	○	○	○	○
Have a hard time sleeping because you were worried?	○	○	○	○	○
Feel unhappy or sad?	○	○	○	○	○
Think that you don't have any friends?	○	○	○	○	○
Get into trouble?	○	○	○	○	○
Have little or no energy?	○	○	○	○	○
Avoid going to school?	○	○	○	○	○
Think about hurting yourself?	○	○	○	○	○
Disobey adults? (not do what adults told you to do)	○	○	○	○	○
Have upsetting thoughts or images when reminded of a past experience?	○	○	○	○	○
Have trouble calming down after you were upset?	○	○	○	○	○

If this is not your first session, please take a moment to give feedback on your most recent session to help us better serve your needs.	**Not at all**	**Only a little**	**Some-what**	**Quite a bit**	**Totally**
This therapist and I are working toward the same goals.	○	○	○	○	○
Did the last session head in the direction that you wanted?	○	○	○	○	○
Did you feel the therapist understood and respected you during the last session?	○	○	○	○	○

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Date Completed: ☐☐ / ☐☐ / ☐☐ Org ID: **980** Site ID: ☐☐☐ Session #: ☐☐

Client ID: ☐☐☐☐☐☐☐☐☐☐☐☐ Clinician ID: ☐☐☐☐☐☐☐☐☐☐

Clinician NPI: ☐☐☐☐☐☐☐☐☐☐

For more information on this and other questionnaires visit www.psychoutcomes.org

Fax completed forms to: 800-961-1224