

## **Centers for Family Change**

### **Policy Regarding Multiple Therapy Attendees and Release of Information**

It is not unusual for multiple persons to participate in therapy. Family or co-joint therapy is a well established and accepted treatment approach. However, even if multiple persons participate in treatment the treatment record will be opened in the name of one person who will be identified as the client. Moreover, the treatment will focus on addressing the concerns identified by the client, and alleviating the concerns/symptoms/problems the client is experiencing. However, treatment may focus on family and relational problems as a means to achieve these goals.

It is important for all attendees/participants to be aware that issues and concerns raised by all participants may be documented in the therapy record (based on the therapist's decision regarding what is clinically relevant). Moreover, it is important that all participants recognize that the therapist may address issues and concerns that each participant presents in sessions.

It is the Centers for Family Change's policy that when multiple persons attend therapy that the treatment record cannot and will not be released without the consent of all the parties who have participated in therapy (with the exception of children under the age of 11). However, if at the end of treatment, all parties agree and request that the client be allowed to release the record on his/her own, and all attendees sign a consent form to this end, the Centers for Family Change will honor this request.

# Centers for Family Change

## Multiple Attendee Policy, page 2

We, \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

consent to participate in therapy services provided to \_\_\_\_\_  
by the Centers for Family Change and will be attending some or all of the therapy sessions.  
We understand that the services are being provided for and a therapy chart/record is  
opened under the name of \_\_\_\_\_, who consents to our  
attendance in his/her sessions. We understand that issues involving all attendees may be  
discussed, as they may bear upon the therapy process. Moreover, we understand that these  
issues may be documented in the therapy record/chart.

We agree to honor the Center for Family Change's Multiple Attendee policy, which  
specifies that the therapy record of the client can only be released with the consent of all  
parties (over the age 11) who attended the client's sessions.

Signature of Client \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Attendees \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_